

| Race No. | Forename | Surname | Swim start |
|-----------------|-----------------|----------------|-------------------|
| 1 | Surein | Angamuthu | 12:30 |
| 2 | Oliver | Price | 12:30 |
| 3 | Audrey | Blow | 12:30 |
| 4 | Rhys | Green | 12:30 |
| 5 | Jason | Sheppard | 12:30 |
| 6 | Mary | Evans | 12:30 |
| 7 | Christopher | Gregory | 12:30 |
| 8 | tbc | | 12:30 |
| 9 | Archie | Cameron | 12:30 |
| 10 | Heather | Cameron | 12:30 |
| 11 | Adele | Scrivener | 12:30 |
| 12 | Diane | Potter | 12:30 |
| 13 | Sumina | Azam | 12:30 |
| 14 | Gillian | Handley | 12:30 |
| 15 | David | Handley | 12:30 |
| 16 | Gayle | Sheppard | 12:30 |
| 17 | ania | ciolek | 12:45 |
| 18 | David | Frost | 12:45 |
| 19 | Sian | Harries | 12:45 |
| 20 | Margaret | Rees | 12:45 |
| 21 | Mervyn | Weightman-Bent | 12:45 |
| 22 | Jan | Davies | 12:45 |
| 23 | Laura | Doheny | 12:45 |
| 24 | Mark | Lightowlers | 12:45 |
| 25 | Barnaby | Scrivener | 12:45 |
| 26 | Katie | Tippings | 12:45 |
| 27 | Guy | Phillips | 12:45 |
| 28 | Graham | Booth | 12:45 |
| 29 | Daniel | Booth | 12:45 |
| 30 | Lyndon | Griffiths | 12:45 |
| 31 | Laura | Hall | 12:45 |
| 32 | Daniel | Hurford | 12:45 |
| 33 | Ben | Irons | 13:00 |
| 34 | Celia | Marsh | 13:00 |
| 35 | Maxine | Rhodes | 13:00 |
| 36 | Ian | Bayliss | 13:00 |
| 37 | Terri | Dabbs | 13:00 |
| 38 | Julie | Gibson | 13:00 |
| 39 | Sian | Jones | 13:00 |
| 40 | steve | sharp | 13:00 |
| 41 | tbc | | 13:00 |
| 42 | Alysia | Battersby | 13:00 |

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|----|-----------|-----------|-------|
| 43 | Susan | Betts | 13:00 |
| 44 | mark | brooks | 13:00 |
| 45 | justin | bryan | 13:00 |
| 46 | Danielle | Davies | 13:00 |
| 47 | Mark | Davies | 13:00 |
| 48 | Richard | Jones | 13:00 |
| 49 | Ken | Milligan | 13:10 |
| 50 | nigel | mills | 13:10 |
| 51 | Elaine | Morse | 13:10 |
| 52 | Lyndon | Murphy | 13:10 |
| 53 | Haydn | O'Reilly | 13:10 |
| 54 | Chris | Probert | 13:10 |
| 55 | James | Rees | 13:10 |
| 56 | Roger | Smith | 13:10 |
| 57 | cecilia | thomas | 13:20 |
| 58 | Stewart | Webb | 13:20 |
| 59 | Nicola | Beynon | 13:20 |
| 60 | Marja | Cross | 13:20 |
| 61 | Stephanie | Dempsey | 13:20 |
| 62 | Natasha | Dunton | 13:20 |
| 63 | Cheryle | Edwards | 13:20 |
| 64 | Richard | Howe | 13:20 |
| 65 | Marcus | Lloyd | 13:25 |
| 66 | Phillip | Mears | 13:25 |
| 67 | robert | powell | 13:25 |
| 68 | Elizabeth | Rees | 13:25 |
| 69 | allison | stewart | 13:25 |
| 70 | Steve | Theaker | 13:25 |
| 71 | Ashley | Jones | 13:25 |
| 72 | Adrian | Woollard | 13:25 |
| 73 | Kevin | Price | 13:30 |
| 74 | Matthew | Ball | 13:30 |
| 75 | Delme | Bennett | 13:30 |
| 76 | Louise | Bishop | 13:30 |
| 77 | Alice | Bishop | 13:30 |
| 78 | Dan | Chapple | 13:30 |
| 79 | James | Coxon | 13:30 |
| 80 | matt | cullinane | 13:30 |
| 81 | paul | dunning | 13:35 |
| 82 | lisa | evans | 13:35 |
| 83 | alan | gardner | 13:35 |
| 84 | Josh | Griffiths | 13:35 |
| 85 | Mark | Hanney | 13:35 |

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| 86 | ella | Harrison-Hansley | 13:35 |
| 87 | Michael | Holloway | 13:35 |
| 88 | Owz | Hoskins | 13:35 |
| 89 | John | MacDonald | 13:45 |
| 90 | duncan | milward | 13:45 |
| 91 | Stephen | Mitchell | 13:45 |
| 92 | Nerys | Moore | 13:45 |
| 93 | Rebecca | Moyle | 13:45 |
| 94 | Radu | Murariu | 13:45 |
| 95 | Catrin | Palfrey | 13:45 |
| 96 | Alex | Phillips | 13:45 |
| 97 | Claire | Powell | 13:50 |
| 98 | Alan | Rees | 13:50 |
| 99 | Alice | Richards | 13:50 |
| 100 | Jeffery | Webb | 13:50 |
| 101 | Paul | Webb | 13:50 |
| 102 | Robin | Williams | 13:50 |
| 103 | Rachel | Gabb | 13:50 |
| 104 | Mandy | Beer | 13:50 |
| 105 | Neil | Brooke-Smith | 13:55 |
| 106 | emily | chinn | 13:55 |
| 107 | Ruth | Cordy | 13:55 |
| 108 | kevin | judd | 13:55 |
| 109 | Caroline | Lavis | 13:55 |
| 110 | Mary | Morton | 13:55 |
| 111 | Colin | Vanes | 13:55 |
| 112 | Wesley | O'Connor | 13:55 |
| 113 | Thomas | Banning | 14:00 |
| 114 | Chris | Booth | 14:00 |
| 115 | Nigel | Brinn | 14:00 |
| 116 | David | Davies | 14:00 |
| 117 | Julie | Davies | 14:00 |
| 118 | Matthew | Dent | 14:00 |
| 119 | scott | edwards | 14:00 |
| 120 | Chris | Evans | 14:00 |
| 121 | Claire | Gummer | 14:05 |
| 122 | Alan | Hill | 14:05 |
| 123 | Geoff | Hogg | 14:05 |
| 124 | David | Howells | 14:05 |
| 125 | Jamie | Jones | 14:05 |
| 126 | Lucia | Marekova | 14:05 |
| 127 | Gareth | Medd | 14:05 |
| 128 | Andy | Mogg | 14:05 |

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|-----|----------------|-------------------|-------|
| 129 | Kate | Morgan | 14:10 |
| 130 | Kevin | Percy | 14:10 |
| 131 | Richard | Rymon-Welsh | 14:10 |
| 132 | Steven | Smith | 14:10 |
| 133 | Aaron | Stephens | 14:10 |
| 134 | Miles | Thomas | 14:10 |
| 135 | Peter | Woolley | 14:10 |
| 136 | Verena | Zimmer | 14:10 |
| 137 | Anouska louise | Beaumont | 14:20 |
| 138 | alex | rees | 14:20 |
| 139 | Mark | Harris | 14:20 |
| 140 | Mathew | Jones | 14:20 |
| 141 | Armanda | Rees-van Wolferen | 14:20 |
| 142 | phil | thomas | 14:20 |
| 143 | Chris | Bennett | 14:20 |
| 144 | Christine | Mant | 14:20 |
| 145 | Richard | Barker | 14:30 |
| 146 | Alastair | Bates | 14:30 |
| 147 | Graham | Blow | 14:30 |
| 148 | Mike | Cade | 14:30 |
| 149 | Robyn | Dent | 14:30 |
| 150 | Kirsty | Edwards | 14:30 |
| 151 | Andrew | Evans | 14:30 |
| 152 | Iain | Hissett | 14:30 |
| 153 | Alyn | Howells | 14:35 |
| 154 | Constantin | Murariu | 14:35 |
| 155 | Phil | Oseng-Rees | 14:35 |
| 156 | Sara | Powell | 14:35 |
| 157 | lyndon | price | 14:35 |
| 158 | Dylan | Roberts | 14:35 |
| 159 | Luke | Williams | 14:35 |
| 160 | Jo | Woodley | 14:35 |
| 161 | Nigel | Wotherspoon | 14:40 |
| 162 | Richard | MacCormac | 14:40 |
| 163 | Pamela | Suter | 14:40 |
| 164 | Jeremy | Trumper | 14:40 |
| 165 | Andrew | Woolley | 14:40 |
| 166 | Danielle | Bogue | 14:40 |
| 167 | Nina | Brocklebank | 14:40 |
| 168 | Brian | Evans | 14:40 |
| 169 | Jonathan | Harrhy | 14:40 |
| 170 | Jamie | Harris | 14:45 |
| 171 | Mark | Lavis | 14:45 |

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| 172 | James | Lloyd | 14:45 |
| 173 | Christopher | Spry | 14:45 |
| 174 | Mark | Tingle | 14:45 |
| 175 | Geraint | Williams | 14:45 |
| 176 | Hannah | Cholewka | 14:45 |
| 177 | vince | price | 14:45 |
| 178 | Robin | Woods | 14:50 |
| 179 | Simon | Betts | 14:50 |
| 180 | Tom | Betts | 14:50 |
| 181 | Nathan | Bevan | 14:50 |
| 182 | lynn | bulbeck | 14:50 |
| 183 | peter | clarke | 14:50 |
| 184 | Jimbo | Davies | 14:50 |
| 185 | Neil | Maguinness | 14:50 |
| 186 | Huw | Morgan | 14:55 |
| 187 | Donna | morris | 14:55 |
| 188 | mike | rose | 14:55 |
| 189 | daniel | walters | 14:55 |
| 190 | mark | davies | 14:55 |
| 191 | stephen | tranah | 14:55 |
| 192 | Simon | Crowther | 14:55 |
| 193 | Mark | Gabb | 14:55 |
| 194 | Fraser | Harris | 15:00 |
| 195 | Steve | Ruck | 15:00 |
| 196 | Andrew D | Davies | 15:00 |
| 197 | Austin | Packer | 15:00 |
| 198 | Simon | Parker | 15:00 |
| 199 | Chris | Anthony | 15:00 |
| 200 | keith | williams | 15:00 |
| 201 | Michelle | Austin | 15:05 |
| 202 | Simon | Fairclough | 15:05 |
| 203 | tbc | | 15:05 |
| 204 | Charles | Grandfield | 15:05 |
| 205 | craig | judd | 15:05 |
| 206 | James | Grandfield | 15:05 |